DIY MATERIALS LIST
WEEK OF JUNE 28 - JULY 3

SUNDAY JUNE 28: WHITTLING
Learn how to whittle your own spoon!
- knife
- wood (soft wood is best, like pine or balsa)
- safety gloves
- sand paper
- mineral oil

PARENTAL GUIDANCE REQUIRED!

TUESDAY JUNE 30: MEDICINAL SALVE
Learn how to make your own medicinal salves to treat all your bumps, bruises, and bites!
- olive oil
- herbs for infusion
- beeswax
- shea butter
- pot
- glass pyrex
- tins or jars for salve

MONDAY JUNE 29: BEET INK AND POTATO BLOCK PRINTING
Make your own ink! Make your own stamps!
- beets (2)
- potato (at least 1)
- knife
- paint brush
- paper
- colander
- pot

THURSDAY JULY 2: POI
Let's spin some FIRE!!!
- knee socks (2)
- tennis balls (2)

FRIDAY JULY 3: QUILL MAKING AND SCRIBAL ARTS
Info here about the activity and why it's cool! yeah!
- goose feather
- knife
- liquid ink
- paper

WEDNESDAY JULY 1: CHEESE MAKING
Paneer? Farmers Cheese? Ricotta? We've got you covered.
- whole milk
- pot
- lemon juice
- cheese cloth

Cheeeeeeese!
SUNDAY JULY 5: CORDAGE
Take your survival skills up a notch! Make your own cord out of natural fibers!

some sort of fiber (raffia, grass, reeds, tree bark)

you could make a key chain with your cordage!

MONDAY JULY 6: NATURAL DYES
Turn your kitchen scraps into art!

turmeric
pot
water
fabric
optional: soymilk

TUESDAY JULY 7: TINCTURES
Harness the medicinal property of the plants around you

alcohol or glycerin
jar
scissors or knife
herb you’re going to tincture

THURSDAY JULY 9: NATURE ART
Join pesach for a nature art adventure!

you
your imagination
anything you find outside!

check to see what herbs are native and ripe in your area!

WEDNESDAY JULY 8: FARM FRESH JAM
The strawberries are in! The rhubarb is ripe! It’s jam time.

strawberries & rhubarb
sugar
large pot
knife & cutting board
canning jars
tongs

FRIDAY JULY 10: ELDERBERRY MEDICINAL SYRUP
Make a summer medicinal & immune boosting syrup.

elderberries
honey
pot
additional herbs (ginger, thyme, turmeric)
jar
**SUNDAY JULY 12: TIE DYE**
What's a summer with Eden Village without a little tie dye?!
- fabric
- rubber bands
- tie dye
- ice

*Use your natural dye from last week to tiedye anything you want!*

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**MONDAY JULY 13: FIRE FIRE FIRE**
Learn how to build massive bon fires and smaller cooking fires. Different technique. Equally Awesome.
- small sticks
- medium sticks
- large sticks
- matches

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**TUESDAY JULY 14: PAPER MACHE CANDLESTICKS**
Make your very own shabbat candle sticks!
- paper
- cardboard
- masking tape
- newspaper
- shabbat candle
- paper mache goop (or glue and water)
- paint
- paint brush

*Elevate your shabbat with these homemade beauties! Or give them to a friend!*

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**WEDNESDAY JULY 15: GINGER SODA**
Stay cool with this naturally fermented ginger soda!
- raw ginger
- sugar
- glass jar & lid
- water

*Learn to make a fire WITHOUT A MATCH!!!*

-we'll be showing you how to start a fire with a bow drill. You can make your own bow drill kit, or you can purchase one like this*

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**THURSDAY JULY 16: FLOWER ESSENCE**
Capture the magic of the flowers blooming around you.
- flowers
- water
- bowl

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**FRIDAY JULY 17: BOW DRILL**
Learn to make a fire WITHOUT A MATCH!!!

-we'll be showing you how to start a fire with a bow drill. You can make your own bow drill kit, or you can purchase one like this*